

Thai Massage Workshop for Couples or Small Groups

Thai Massage Basics Level 1

Course Duration:

- 4 hours per week for 4 weeks (Total: 16 hours)
- Additional 20 hours of self-practice

Course Fee:

- 450 EUR

What You Will Learn:

- Thai massage techniques for the back and back of the legs
- Assisted stretching and body manipulation techniques
- Basic history and theory of traditional Thai massage

Course Outcome:

By the end of the course, you will be able to confidently perform a 30-minute Thai massage.

This foundational course is ideal for beginners who are interested in learning traditional Thai massage in a structured and supportive environment.

All materials provided. Comfortable clothing recommended.

Advance booking required.