

Basic Thai Massage Course II

Duration:

- 4 hours per week for 1 month (4 weeks)
- 20 hours of self-practice

Course Fee:

- 450 EUR

Course Content:

- Thai massage for the front of the legs, arms, and head
- Includes stretching and body-twisting techniques

Theory:

- The 10 main energy lines (Sen Sib)
- Theory of massage lines and pathways